



Case Study: Routine Monitoring at Monarch Care Home

Automating routine vitals and progress notes for table residents with VitalLink

THE SCENARIO

All 100 residents at Monarch Care Home are stable and on a routine monitoring schedule: one set of vitals per resident per month, and at minimum, one progress note per 8 hr shift. They saved approximately **3 mins** per vitals round per resident and nearly **3 mins** per routine progress note (i.e. health status) with VitalLink.

RESULT

426 hrs

in recovered nursing hours
per month

5,112hrs

in recovered nursing hours
per year

CA\$155,108

in recovered labour cost
per year

Savings (LPN Wage — Ontario: \$30.34/hr)

Monthly cost recovered

Vitals & measurements (3 mins per round - 100 residents, 1/month)

\$150

Progress notes (3 mins per note - 100 residents, 1/shift x 3 shifts per day)

\$12,776

Total Recovered Labour Cost

\$12,926/mo

TAKEAWAY

Digitizing routine charting for 100 residents in Ontario saves over **5,112 nursing hours** monthly, equating to nearly **CA\$155,108** in recovered labour costs per year, which can be redirected to direct resident care.

Monarch Care Home is a fictional 100-bed LTC home in Ontario, used for illustration.

Source: CIHI 2024–2025 long-term care indicators.

To calculate your savings, visit JuboHealth.com
or email Sales@JuboHealth.com

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